



Bulldog Spirit Clinic

Hosted by the CJHS Varsity Cheer and Dance Team



Grades 3rd-6th Tuesday, September 2nd
Grades Pre-K-2nd Thursday, September 4th
3:30 pm - 5:30 pm in the 2-3 Multipurpose Gym

Performance: Friday, September 5th at the High School Football Stadium at 6:40 pm

The Carl Junction Varsity Dance Team & Varsity Cheerleaders will hold a youth bulldog spirit clinic for students Pre-K (ages 4 & 5) through 6th grade.

Participants will learn two cheers, two jumps, and a dance routine. In addition, students will make a craft, enjoy a snack, get a paw print temporary tattoo, play games, and more! All participants will get to perform at the home varsity football game on September 5th before the game.

- Participants should wear comfortable athletic clothing and shoes to the after-school clinic.
- Participant will receive a t-shirt to wear to the performance. Black athletic shorts or leggings should be worn with the provided t-shirt at the football game on Friday.
- The dance team and cheerleaders will personally escort your child from their school building to the clinic's 2-3 Multi-Purpose Gym. Pre-K should be dropped off at the 2-3 gym at 3:45 pm. You will pick up your child at 5:30 pm at the playground's 2-3 drop-off area. Please stay in your car to allow for a smooth pick-up process.

Forms and money are due to their school's office no later than **Friday, August 29th!**

There will be NO LATE SIGN UPS this year!!

Questions? Please email Coach Albright at jalbright@cjr1.org



Spirit Clinic Registration Form

Forms & money are due to the child's school office no later than **Friday, August 29th.**

****ONE child per registration form please!****

Participant Name: _____

Participant teacher's name: _____ Grade: Pre-K K 1 2 3 4 5 6

Parent Name: _____ Parent Phone: _____

Child's Shirt Size: Youth XS Youth Small Youth Med. Youth Large Youth XL
Adult Small Adult Med. Adult Large Adult XL

CASH OR CHECK: \$30 per participant (includes t-shirt, snack, clinic & child admission for the performance.)

Please make checks payable to: "Carl Junction High School" memo: Cheer/Dance

Amount paid: _____ Circle One: Cash Check